

FREEDOM REMOTE WITH VIBRATIONS



M1 (Memory 1 = My Zone)

M2 (Memory 2 = Zero G)

M3 (Memory 3 = Semi Fowler)

(Left to Right)

Head = Head elevation. Up or down.

H/F = Head AND Feet. Up or down together

Foot = Foot elevation. Up or down.

Head massage = Head vibrations.

Massage on/off = Vibrations on or off.

Foot Massage = Foot Vibrations.

To save a position, get the bed in to desired position using the elevation for the head and feet.

Press and HOLD M1 or M2 or M3 – (depending on which position you would like to save) for at least 5 seconds and this will save.

REMINDER: You only need to press M1, M2 or M3 to get the bed into position.

My Zone is a position that you spend majority of your time in.

Zero G is a position that is ideal for people who suffer from fluid retention, swollen feet and ankles, blood pooling in the feet, or even poor blood circulation. This position is: head elevated between 15-20 degrees. Feet above the heart line.

Semi Fowler is a position that is ideal for pain relief, supporting all joints, muscles and ligaments, relaxes abdominal muscles and improves breathing. This position is: head elevated 30-45 degrees. Toes should line up with your chest & chin or your heart line.

FREEDOM REMOTE WITHOUT VIBRATIONS



M1 (Memory 1 = My Zone)

M2 (Memory 2 = Zero G)

M3 (Memory 3 = Semi Fowler)

Button 1 UP = Head elevation up.

Button 2 DOWN = Head elevation down.

Button 3 UP = Feet up.

Button 4 DOWN = Feet down.

Button 5 UP = Head and Feet up together.

Button 6 DOWN = Head and Feet down together.

To save a position, get the bed in to desired position using the elevation for the head and feet.

Press and HOLD M1 or M2 or M3 – (depending on which position you would like to save) for at least 5 seconds and this will save.

REMINDER: You only need to press M1, M2 or M3 to get the bed into position.

My Zone is a position that you spend majority of your time in.

Zero G is a position that is ideal for people who suffer from fluid retention, swollen feet and ankles, blood pooling in the feet, or even poor blood circulation. This position is: head elevated between 15-20 degrees. Feet above the heart line.

Semi Fowler is a position that is ideal for pain relief, supporting all joints, muscles and ligaments, relaxes abdominal muscles and improves breathing. This position is: head elevated 30-45 degrees. Toes should line up with your chest & chin or your heart line.